



### **33 Day Consecration to St. Joseph:**

The Consecration to St. Joseph will begin on September 7th and conclude on October 9th. All of the materials that you will need for the consecration are included in the book that will be provided. They may also be found online through Fr. Kendall's website: [www.FountOfElijah.com](http://www.FountOfElijah.com).

#### **How to Make the Consecration**

✠ Recite the daily prayers which include the Litany of St. Joseph, a prayer to St. Joseph from the tradition, and a daily act of consecration;

✠ Receive the Sacrament of Confession during the consecration, so that both the soul is cleansed and able to receive the graces most fully and also as a very practical way of asking St. Joseph to show us the areas in our life that we need his help most and where we can better follow his example;

✠ Make a noteworthy act of charity each week which could be a contribution to the Church or a quality charitable organization, to an individual in need, it could be time spent volunteering, making a meal for someone calling and speaking to someone isolated or with whom you haven't spoken for a long period of time;

✠ Abstain from meat on Wednesdays (in addition to the ordinarily prescribed days of abstinence or fast).

\*\*While the daily prayers are essential in making the consecration, confession, act of charity and abstaining from meat are strongly encouraged.

In Christ,

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**Glory to the Father, to the Son, and to the Holy Spirit**